

LIST OF LOCAL RESOURCES

SELF-HELP CENTER

If you do not have a lawyer, you can obtain information and procedural assistance from the Court's Self-Help Center. The Self-Help Center does not represent you and cannot give you legal advice about what is in your best interests. Quick information and referral services are offered in English and Spanish at our offices in Monterey (Monday-Friday, 9:00-4:00), in Salinas (Monday and Wednesday, 9:00-3:00) and in King City (second Tuesday of each month, 9:00 to 3:00). Remote (by phone) Appointments can be made with Self-Help Staff. You can also ask for assistance remotely by contacting selfhelpcenter@monterey.courts.ca.gov, or calling 831-647-5800, ex. 3005.

LOW COST LEGAL ADVICE AND FAMILY LAW LAWYERS

The Lawyer Referral Service (LRS) of the Monterey County Bar Association provides low-cost consultation referral to a pre-screened local attorney. LRS can recommend qualified lawyers who may be able to help you with your legal issues. You can have a 30 minute consultation with an attorney for \$40. Services are available in Spanish. You can contact LRS at: (831) 582-3600 or <http://www.montereycountybar.org/lrs.htm>

THE YWCA OF MONTEREY COUNTY

The YWCA of Monterey County is an agency located in Salinas that helps with domestic violence, human trafficking, prevention and intervention services. They also provide assistance with filing restraining orders, divorce, child custody and visitation orders, cease and desist letters, safe at home application and court accompaniment. Court accompaniment is only provided for restraining order clients the YWCA assisted. Services are available in Spanish. Office number is (831) 422-8602; The YWCA Monterey County has a 24-hour crisis line and Emergency Shelter The crisis line numbers are: (831)372-6300 and (831)757-1001.

THE MONTEREY COLLEGE OF LAW

The Monterey College of Law (MCL) offers workshops where you can get help finishing your divorce or filing a restraining order against an intimate partner, spouse, family member, neighbor or co-worker. Services are available in Spanish. You can contact the college at (831) 582-3600 or schedule an appointment on-line at: <http://www.montereylaw.edu/services>.

FREE INTERNET HELP

There are many web sites where you can find assistance in completing forms and information about how to process your case. Here are some helpful sites:

California's Self-Help Center
www.courts.ca.gov/selfhelp

Further Information
<http://www.lawhelp.org/>

Department of Child Support Services
<http://mcdcss.org/>

Guide and File
<https://www.monterey.courts.ca.gov/self-help/file-at-home>

Forms

www.courts.ca.gov/forms

<http://basic.cc-courthelp.org/index.cfm?pageid=5605&noheader=1>

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LIST OF LOCAL RESOURCES
(FAMILY)

Monterey County Superior Court